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What is Claimed is:

1. A method for detecting or quantitating an oligonucleotide in a bodily fluid or extract, comprising the 5 steps of:

contacting said fluid or extract with a probe complementary to said oligonucleotide, wherein said probe comprises a detectable marker and a binding moiety;

placing said fluid or extract in contact with a solid support to which a binding partner of said binding moiety is attached;

contacting said fluid or extract with a singlestrand specific nuclease under conditions in which probe which is not hybridized to said oligonucleotide is degraded; and

detecting a label associated with said marker, wherein the presence of said label indicates the presence of said oligonucleotide bound to said solid support.

- 2. The method of Claim 1, wherein said bodily fluid is 20 plasma.
 - 3. The method of Claim 1, wherein said oligonucleotide comprises at least one phosphorothioate linkage.
- 4. The method of Claim 1, wherein said oligonucleotide comprises a modification at the 2' position of at least one sugar moiety.
- 5. The method of Claim 4, wherein said 2' modification 30 is a 2'-O-methoxyethyl modification.
 - 6. The method of Claim 1, wherein said oligonucleotide comprises at least one modified base.
- 7. The method of Claim 6, wherein said modified base is:

5-methylcytosine.

8. The method of Claim 17, wherein said marker is digoxigenin.

9. The method of Claim 1, wherein said label is a colorimetric, radioactive, chemiluminescent, enzymatic or fluorescent label.

10 10. The method of Claim 1, wherein said single-strand specific nuclease is S1 nuclease or mung bean nuclease.

11. The method of Claim 1, wherein said oligonucleotide is exogenously administered.

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